

EARLY BIRD SPECIAL SHADOW WORK WEEKEND

FEB 14-16, 2020 | SEATTLE, WA

Shadow Work® invites you to discover parts of yourself you have hidden or denied. By bringing these parts out of shadow, in a safe, experiential setting, where you can unlock the power of your true self, with all your gifts and strengths – even those you may have disowned.

YOUR SHADOWS ARE A GOLD MINE OF CREATIVE ENERGY!
JOIN US FOR A POWERFUL EXPERIENCE OF DISCOVERY, HEALING, AND GROWTH!

We will provide the tools to uncover your inner gold, access its potential and liberate the energy trapped in what you hide, repress and deny! You will have an opportunity to do an individual process that allows you to:

Shift old patterns of behavior that no longer serve you
Transform anger into power
Transmute grief into deep connection with self & others
Turn fear into insight and understanding
Find compassion, empathy, and acceptance

During the weekend, you'll work a series of processes carefully designed to access your full range of emotions. If you choose, you can work a specific issue in the presence of the group giving you an opportunity to deep dive and finally deal with a life issue assisted by skilled facilitators and the support of the group.

REGISTER NOW TO RECEIVE AN EARLY BIRD SPECIAL
Couples Transform Yourselves Together for Valentines Day!

WORKSHOP PRICES

RATE | SPECIAL RATE

Individual One Time Payment	\$745.00	\$645.00
Individual \$150 deposit+3 payments	\$799.00	\$699.00
Couples One Time Payment	\$1,290.00	\$900.00
Couples \$150 deposit+3 payments	\$1,398.00	\$1,000.00

Friday 6 – 10 PM • Saturday 9:00 AM – 6 PM • Sunday 9:00 AM – 5:00 PM
Facilitated by Karin Green and David Kaar

EARLY BIRD SPECIAL RATE ENDS JANUARY 22, 2020



Karin Green

Certified Shadow Work® Group Facilitator, Coach, Trainer, and NLP Master Practitioner. Karin is on the faculty at **The Dragon Training** and **Women In Power** and has been facilitating women's circles for 20+ years. Her work is guided by her vision to create empowerment to allow us to be fully present to the true desires of our hearts and souls.



David Kaar

Certified Shadow Work® Facilitator, NFTA Leader and Leader Trainer, David has been called the "fourth" founder of MKP. Having led 200+ trainings and 1000+ processes over 30+ years, he brings great skill, compassion and humor to his work. David created **The Dragon Training: Energy, Agency, Audacity**, a unique blend of Zen, Integral and Shadow Work® for powerful transformation.